

## Wayne Wrestling Summer Training Schedule

**Wrestlers/Parents:** This schedule is to give you information regarding upcoming training opportunities for our wrestlers. In addition to the wrestling events you should be lifting.

**5/25 (Wed.): Clinic at Wayne with Tony Robie :** Clinic starts at 6:00; BE AT THE SCHOOL BY 5:30; No Cost; ends around 8:30.

**5/26 (Thu.): Mitch Clark clinic at Pittsford MS :** 6:00 – 8:30; Cost - \$10

**5/27, 28 and 5/29: Bloomsburg Ironman Tourn.:** Camping/need AAU Card/Cost – \$35 entry fee (two tournaments;boosters will pay ½) and food  
**Parents:** quick meeting Thursday 5/19 6:00 @ M. S. for details

**5/31 (Tues.): Clinic at Wayne with Steve Garland :** same schedule as 5/25

**\*The coaches that are doing are clinics are two of the best young college coaches in the country! EVERY WRESTLER SHOULD ATTEND BOTH CLINICS!**

**6/7 AND 6/9 (Thur.) Open Training :** 6:30 – 8:00

**6/11 and 6/12 Empire State Game qualifiers at Royalton-Hartland HS**

**8/5, 8/6, 8/7 – 1000 Island Duals:** This will be pretty much the same as last year – we will take two high school teams. I AM LOOKING FOR A PARENT OR TWO WHO WILL HELP ORGANIZE A JUNIOR HIGH TEAM FOR ME. IF ANY PARENTS ARE INTERESTED IN HELPING PLEASE CONTACT ME ASAP. You will need to pay a deposit and confirm a weight class WITH COACH sometime soon. We will have a few training sessions to get ready.

**\*\*\*\*\*CAMP INFO \*\*\*\*\* : I REALIZE SOME GUYS HAVE ALREADY REGISTERED FOR CAMPS – THAT’S FINE. ANOTHER GOOD ONE WILL BE THE BINGAMTON INTENSIVE CAMP. I HIGHLY RECOMMEND IT – SEE ME IF YOU WANT A FLIER.**

## 1000 Island Duals

**Wrestlers/parents;**

**We will be taking two teams to the 1000 Island tournament again this year. We may also be able to send a junior high team for wrestlers entering 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grade. I have attached a tournament information sheet with the schedule, weight classes, etc. Other pertinent information is outlined below:**

1. **Cost** – Wrestlers will be required to submit a \$30 deposit. The deposit will be returned to high school wrestlers before departure (\*this depends on funds available). Fill out the attached form and return it to Coach asap to reserve a spot for yourself. \*If we have too many guys at a weight you may be asked to move up or down a weight class or we will try to find another team for you to wrestle on as a “guest” wrestler. There is an area on the 1000 islands website to facilitate the guest wrestler process.
  
2. **Training Sessions** – we will train for the tournament on 7/26 and 7/28 at 6:00 PM. We will also train on 8/2 and 8/4 at 9:00 a.m. Wrestlers should attend all training sessions. **IF YOU DO NOT TRAIN YOU MAY LOSE THE PRIVILEGE OF ATTENDING THE TOURNAMENT!**
  
3. **Lodging** – campsites and motels are available in the area. Make your reservations asap. **IF YOUR PARENTS ARE NOT GOING – YOU MUST HAVE A FAMILY BE RESPONSIBLE FOR YOU WHILE YOU ARE AT THE TOURNAMENT!**

**COMPLETE THE FORM BELOW, DETACH, AND RETURN TO COACH**

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**NAME:** \_\_\_\_\_ **Desired weight class** \_\_\_\_\_

**Family lodging plans/family who will be responsible for wrestler:** \_\_\_\_\_

**Cell phone/emergency numbers (please list parents’ and/or wrestlers’ cell phone numbers):**

\_\_\_\_\_

**Emergency Contact/phone:** \_\_\_\_\_